

# **TENDRING HUNDRED RIDING CLUB**



## **INTERACTIVE DEMO EVENINGS**

As many found the demo evening on how to maximise your dressage marks helpful and interesting, we have decided to run two more this year starting with a show jumping one followed by an entry level dressage test preparation. These will be run by Jo Mason with her two daughters Beth and Chloe who have had much success at national level within BRC and BD.

Entry is £5 for members, £8 for non members and under 18s are free

### How to Improve Your Showjumping - 13 June 2025

18.30 to 20.30 Venue - Club Field

How to :- Walk a course Understand distances and strides Plan your turns and lines Improve your time

This demo is aimed at helping riders to improve their show jumping by improving their preparation before, during and after show jumping a course. We will look at the above above topics.

You will be shown how the above is put into practice with what a good round looks like and then we will talk you through how to walk a course, looking at strides and turns and planning your way round the course, finishing off with how to ride an effective jump off round to improve times. This is an interactive demo so questions can be asked and the demo rider can help to explain any questions asked and there will be some walking involved.

Whilst the demo will be about improving jumping preparation, some flat work exercise will be discussed and demonstrated.

Beth will be riding Afi to help show you what we are talking about as sometimes it is easier to see than explain and she can also demonstrate answers to any questions asked should it be the case.

We hope this demo will give a better understanding on how to ride a show jumping course rather than just sitting and steering hoping to get a clear round. With better knowledge you will rider a better course.

#### Entry Level Dressage - How to Prepare for Your Test - 18 July 2025

18.30 to 20.30 Venue Club Field

We will be looking at and discussing

Preparation in the warm up Understanding movements Intro and Prelim tests What the Judge is looking for at that level How to ride test to help balance the horse What happens if something goes wrong Expectations

This demo is to help those either starting out at dressage, having never done a test before or those who have started and are riding at intro and prelim level tests. The above topics will be covered and as this is an interactive demo you will be asked to undertake some exercises on foot and even walk parts of a test.

Chloe will be there riding a very novice horse, so anything can happen! but we can talk you through and show you how to deal with things that don't go quite to plan and help demonstrate the above topics.

We hope this demo will dispel the myths that you have to have a supple, well trained horse to do dressage, at entry level, you do not, its about the horse listening to the rider and following movements inside boards. It should really be called "Schooling inside boards" at this level. Questions can be asked either during the demo or at the end and can even ask our rider to demonstrate as sometimes its easier to see than explain.

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Jo competes her homebred at advanced level dressage as well as competed for the club at National level across show jumping, dressage and cross country over the years. She has also represented England for British Dressage at Home Nationals as well as Inter Regionals over the years. She has show jumped up to Foxhunter level with her eventing mare, Greenfinch's Juno which is now retired. She has been coaching for 30+ years across all levels of the discipline and has a passion for coaching and helping the rider their achieve their goals.

Beth currently competes at 105/110 show jumping and eventing at 100. She has represented the club and Area 8 at national competitions. Last year she won the 105 qualifier individually and went to nationals with the 100cm team where she jumped triple clear to come 6th out of 85+ riders and the team came 3<sup>rd</sup> with her homebred mare, Afi. She has also just come back from BRC National Arena

Eventing Champs where her team came 3<sup>rd</sup>. She currently trains with 4\* Eventer Ian Wills and International Show Jumper, George Bateman.

Chloe has produced her own pony over the years across show jumping, dressage and eventing with much success, representing both the club at National and area levels winning titles in her own name as well as part of the Club's Junior teams. She has also competed for England with British Dressage Youth where her team won the title. She is a very successful horse trainer setting herself up in business after her A levels, she will be bringing one of her client's very novice horse's.